

# Responding to Suicide Risk- Flowchart

Talking to someone about suicidal thoughts and feelings can be extremely helpful. If you are unsure about what to do (including phoning a counsellor), call 000. For more assistance at any point in this process call the QLD Health Care Team on 1300 642 255 or Suicide Call Back 1300 6597.

## Step 2- Enquire about active suicidal thoughts

Check on the presence of active suicidal thoughts to assess risk, as a YES answer to any of these questions below may indicate immediate action is required

# Taking care for yourself

Supporting someone